

# Kiss of the Romantic

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## ROMANTIC WORKSHOP #12

### PAMPERING

Pampering is the subject of this romantic workshop, and it may well be your most effective tool for making your romance one that is supremely fulfilling. We will be discussing the benefits of pampering your life partner, pampering ideas, pampering attitudes, and pampering methodology.

Let us begin with the benefits of pampering your significant other. The old phrase “It is better to give than to receive” is a very wise concept. The wisdom is in the fact that one can get a very warm-fuzzy feeling (pleasure) from giving your loved-one a special treatment. You are expressing your love with actions rather than words and the reward is in seeing how much your partner is enjoying your loving care and attention. Another benefit is that pampering will have the effect of stimulating the libido of both the giver and the receiver. That is not to say that you should have an ulterior motive for pampering, but suffice it to say that it is a fringe benefit. In fact, pampering will have a more pronounced effect on the libido than any aphrodisiac. Likewise, pampering will inspire reciprocation. Your sweetheart will likely soon plan to give you a turn in kind. Pampering has a definite calming effect which can wash away the stress of everyday concerns; not to mention the assurance that one is truly loved. Once you as a couple begin to use pampering in your relationship, you will find that nearly every aspect of your marriage/relationship is improved. So as you can see, there are numerous excellent benefits in pampering your sweetie.

Now we can discuss various ideas to employ towards your pampering plans. One suggestion is to reference your filled out worksheet from “Romantic Workshop #1. The idea is to incorporate some of your partner’s favorite things with your pampering plan. If you have not yet done Workshop #1 with your loved-one, it may be a good idea to finish it before you continue with this one. One example of what you can do is to look up her favorite movie, wine or drink, and massage oil for a two-foot massage and combine them all for a pleasant evening of pampering. Take it to the next level with his or her favorite snack or hour o derivers. Another great plan is to surprise her or him with a candle-lit

bubble-bath and wine. Roll up your sleeves and do a full-body sponge scrub. Add some soothing music, then have a plush bath towel warmed-up in the drier, you do the drying off with this warmed up towel. Likewise you can make an appointment for her then drive her to a surprise manicure and pedicure. Add a facial if you feel like going over the top. Pamper your lover with a full body massage. Prepare for this treatment by first learning massage techniques. There are many good books available for learning massage. Check this site's massage page from the sidebar link "Romantic Massage". When you feel ready for this task you may wish to consider purchasing a portable massage table. This tool for romance and pampering is a must-have if you want to do it right. A simple back and buns rub at bedtime will help him or her sleep like a well-fed baby. Either partner will feel like royalty if one were to serve a candle-lit dinner and hide an "anything you want" coupon under his or her napkin. Likewise, you could covertly place a "very special" coupon in one of his pockets or in her purse. When discovered during the workday, the anticipation of redeeming will have her or him smiling all day long. Prepare for a lazy weekend day at the beach or in a park. A nice lunch, plenty of beverages, a good book, lawn chairs or a blanket, and anything else that may please your sweetie is a great pampering plan. Pamper your lover with an offer of "just for you" oral lovemaking. This plan may or may not degenerate into more than you planned on but try to keep to the offer of "just lay back and enjoy it". You guys out there can pamper your Goddess with a clean house or apartment while she is out. Have an arrangement of flowers or a new houseplant placed where she will see it upon arrival. Launder the bedclothes and place a rose on her pillow. You gals know that greeting your man at the door with a teddy or sexy lingerie is a great form of pampering! Any chore you can relieve your partner from will be appreciated and definitely falls within the realm of pampering. Doing so without being asked or not heralding for points makes your pampering act one that is truly from the heart.

It is obvious to say that attitude will make or break your attempts at pampering. But then you probably would not even consider doing a pampering activity if you are not entirely devoted to your partner. And that is the key to proper pampering attitude. She is your queen and he is your king! Pleasing him or her is foremost in your priorities. There is no one on this earth that is more important to you than your life partner. You want him or her to feel special and

loved, not ignored or taken for granted. You are dependent upon each other for emotional support, companionship, and sexual gratification. No one else can provide you with these things so you must nurture your relationship with the tools that are available to you. Pampering is one of your best tools for this purpose. So conduct your pampering activities in a sincere and loving manner, infuse it with a personal sense of humor and your relationship will be an extremely fulfilling one.

Now, we can have a word on pampering methodology. Stealth is a good way to present most of your pampering plans. Everyone likes pleasant surprises and your loved one is no different. Plan a nice date at a dinner theatre but don't tell her where you are taking her as an example. Keep her or him guessing to make you seem more mysterious and interesting. Pamper her humor with teasing innuendos and an occasional joke. Pamper her mood with pleasant talk rather than complaints or unpleasant subjects. Give compliments freely as you pamper to sweeten the treatment, just be sure to keep it sincere. Spoil her rotten with kisses and hugs and fingers running through her hair. Look into her eyes and savor the mirthful sweetness that is her soul.