

# Kiss of the Romantic

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## ROMANTIC WORKSHOP #13

### BOREDOM BUSTER

In this Romance Workshop we will explore the possibilities of having fun with taking turns at being the dominating and submissive partner. You could also call it a rotating master/slave fun time. This is for couples who wish to try something new with their physical relationship. All too often, people in committed relationships begin to feel a little bored with how their sex life may be losing its' level of excitement. Familiarity is the culprit and it is reasonable to guess that both partners would agree on this. Rather than risk the dangers of seeking new thrills outside your relationship you can make things new and exciting again with the suggestions in this workshop. We will discuss the possibility that some men will have trouble playing the submissive role, and how these particular men may overcome their reluctance to participate in this fun activity. We will suggest some ground rules, and we will cover some suggestions on how you may decide together to what extreme this play may go. Additionally, we will offer suggestions on determining who gets what role and possible scenarios of activity.

One advantage of agreeing with each other to try this activity is that each of you will learn new insights unto what your partners' favorite activities are. Each of you just may discover new enjoyable activities during the course of playing with this workshop. Unlike role playing you will be yourself in every way except where your status as the boss or submissive is concerned. Most of what stimulates a person sexually is processed in the mind. Yes, your brain is your most active sex organ. You, as a couple, can make better use of this organ by stimulating it with your combined imaginations. This workshop is not to be misconstrued as a step toward S&M, rather, it is meant to be a tool to expand your relationship and help you as a

couple to keep things interesting and have fun in your physical contacts. So with that said we wish to stress that fun is the key word in this workshop.

Men are traditionally the dominating partner in a heterosexual relationship, aside from obtaining permission from the female partner, but there are exceptions and grey areas contrary to that statement. The thought of voluntarily relinquishing their will to the feminine partner, even in a pretend power role situation, will strain the macho self image of some men. But in a loving relationship these men should reflect on just how secure they are in their own sexuality. If you are one of these men you may wish to consider the potential fun you will be missing out on. The women who read this workshop and wish to participate and whose partner falls into this category may try to assure their macho man that this game sounds like fun. You can promise to make the man's' agreement to give it a try worth their while. You could also ask him if he is afraid of what you may order him to do. Then remind him that he will also get his turn to be the boss/master. Men, consider the possible thrill your sweetheart may experience when the voyeur in her is satisfied with a simple kinky command, one in which you are compelled by agreement to perform. You will experience your own enjoyment by complying with her will and the thought of giving her a thrill that is wholly new to her. If you love your significant other then you will want to participate if she expresses an interest in this activity.

OK, both of you have decided to have a go at exchanging dominant roles for fun. We will now work on setting up your ground rules. For starters you should each make up a list of things that are absolutely out of bounds. List the activities that you will not do. Hopefully this list will be short for each of you. Next you should agree on a signal that if given, the activity in progress will immediately stop. This signal is a safety net for when you must stop the "task" at hand. Next you should each agree that the submissive partner will comply with all reasonable commands made by the dominant partner except for the "won't do list" items. Don't forget to agree upon how long you will

be playing these roles for each session. The last ground rule that we suggest is that you both agree to maintain a fun attitude during your play at this workshop.

How kinky do you want your boss/submissive play to get? You should agree together what kind of things should not be included in the masters' arsenal of dominating plans. Whips could be an example of what to exclude. Each couple who tries this workshop will find their own limits by discussion before play begins. Discuss, for example, whether or not handcuffs or other restraining devices may be employed. Try to be thorough with this discussion so that play will not be interrupted by "the signal" and both players are pretty much on the same page.

Who gets to be boss first? There are dozens of ways you can make this decision. You could simply say ladies first, or cut the cards, flip a coin, or even throw the dice. You could play strip poker where the first to lose all clothes is declared the slave/submissive. More fun choices are to play one of our own Kiss of the Romantic TEN FUN ROMANTIC GAMES available on this web site. This choice would add an extra amorous element to your plans to spice things up. Decide together if you will take turns being master, or play a game each time. The latter choice could result in one player being master multiple times in a row.

So now you have laid down ground rules, set your limits and determined who will be boss/master. Where will the boss begin and what other ideas will he or she employ? We hope you can come up with plenty of fun commands on your own, but here are a few ideas to consider. Command her to don her sexiest outfit then does a long strip tease dance to music. Are you having fun yet? Demand that he put on those silk boxers with hearts on them and parade around as you verbally entice a physical reaction. Tell her she must get a banana and treat it as if it were a part of you. Make him lie down on his back with his hands on the floor while you bring your charms close to his face. Teasing is a great way to exercise your authority for fun. It also charges the atmosphere for both the slave and the master. He could

step things up with an order for her to fetch her favorite toy and use it. She may wish to declare herself Amazon Queen and command him to taste of the fruit of life.

We hope you have added some excitement and fun to your loving relationship with this little “boredom buster” workshop. If you find that this was of some help to your relationship, please let us know on our KissNRomantic blog. The link is at the top of this sites’ home page. Thank You.