

Kiss of the Romantic

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ROMANTIC WORKSHOP #16

LOVE LETTERS REVISITED

How long has it been since you were the recipient of a love letter or note? For most of us the love letter is a memory from your teenage years. A love letter has special qualities that the spoken word can never compete with. First of all, the written word has the advantage of being more concise. It leaves plenty of time (unlike the spoken word) to formulate ideas and descriptions and heartfelt emotions. Reading a love note or letter from your lover (especially if it has amorous desires included) will make you feel real good about yourself, increase your love feelings for the author, and increase your libido. You should ask yourself, why haven't I written a love letter to my sweetie in such a long time. This workshop will attempt to get both of you writing love notes and letters again, and experience the fireworks that result from pouring your heart out to your loved one with the written word.

The elements of a good love letter include the date you wrote the letter, a very personal greeting, a reason for writing the letter, and heartfelt descriptions of how and why you are in love. Don't hesitate to make use of a thesaurus if you need help in finding some of the words for your love letter. Optionally you can include compliments regarding talents, physical traits, personality, companionship and sexual prowess. These elements are not all inclusive and you should follow your heart in what you write in your love letter.

Write your first draft with a note pad and then put it away for a few hours or a day so that you can contemplate what more to write or revise. Try to clarify in words how you can describe your feelings of love, devotion and appreciation. Speak of the great times you have shared together in the past and how you look forward to your continued growing relationship. Try to include words that convince your lover that he or she is cherished and very special.

When you are satisfied with your revisions you can settle down to write your love letter. Try to use nice paper that has a matching envelope. Write your letter by

hand and try to keep your penmanship neat and readable. By doing so shows your loved one that you respect them and care what he or she thinks of you. Use paragraphs appropriately and look up words you think you are spelling incorrectly. Find a love quote on the internet that you think is most appropriate for you and your partner and add it as a post-script or a heading. Be sure to give credit to the author of the quote if you do. Sign your love letter with something that summarizes your devotion. An example of this would be “your hopelessly devoted lover, Anthony”. It would be best to send your love letter by mail rather than handing it over or placing it somewhere to be found. Use your imagination to dress up the letter and the envelope. Stickers or a few rose petals or a little squirt of perfume or cologne are a few ideas to consider. Apply your postage stamp upside down to signify your love. Drop your addressed and stamped envelope (don't forget to insert the love letter and seal the envelope) in a mailbox and wait for it to make your sweethearts' day!

So, why should you send a love letter to your life partner? Hopefully you wish to reinforce your partner's perception of your love and to make him or her feel good about your relationship and themselves. Secondly, you should send a love letter to your lover to invigorate the physical side of your relationship. Lovemaking more often and with new vigor (because of your letter) is how couples can keep their long term relationship fresh and exciting. And lastly, a love letter helps the writer solidify their thoughts of love and inspires one to continually do romantic things for their life partner.