

Kiss of the Romantic

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ROMANTIC WORKSHOP #8

KEEPING IT INTERESTING

It happens all the time; a couple gets married or commits to each other and after a time, (months or years), you fall into a routine, and the romance seems to dwindle. You both get caught up in everyday routines, job stress, money woes, and life seems to get more mundane. **It doesn't have to be this way!** You can resurrect the exciting romance that once was yours. But breaking out of this common pattern of life will take some effort.

Don't let that scare you. The efforts you will exert will prove to be pleasant and enjoyable. As a matter of fact, your **team** effort to correct a mundane romance will prove to be filled with exciting anticipation and fun.

The culprit in this common and natural damper to romance is **familiarity**. What was once an exciting path of discovery (getting to know your life partner) is now a more leveled-out state of co-existence. Sure, the love is still there, and most likely stronger but you have each also gotten to know one another quite well and are **familiar** with one another. This workshop will give both of you some hints on how to be **mysterious** and **adventurous** for your loved one. What better way to give a boost to your romance and **keep it interesting?**

HINTS AND SUGGESTIONS TO BECOME MORE MYSTERIOUS

- One way to appear to be more mysterious to your partner is to wear that all-knowing smile on your face. You know the look; it's that "I know something you don't know" look.
- You can occasionally plan a rendezvous where you call your partner and tell him or her to meet you at the corner of

such and such. When the reply is “why?” you say, “Ask no questions”, then hang up the phone. Of course you have planned something like a movie, or a special restaurant, or some special event that you can share together.

- Surprise your partner with knowledge you would normally not know. Suggestions for this include: A deeper knowledge of one of your partners hobbies or interests, or secretly study (from a book) advanced lovemaking techniques to surprise him or her with.
- Develop a new look, as in clothing or a hat. Borrow ideas from movie stars or other celebrities. Try not to go over the top with this, try to do something more subtle. Something like changing your hairstyle or change the shape of your mustache or beard, she could wear a different style of dress, or a different make-up style.
- Lighten things up once in a while by doing an imitation of a celebrity; **after** you have studied and practiced the role.
- Prepare a special date for your partner (each of you should do this) and keep the details secret; all the while alluding to the promise of something special.

TEAM EFFORT EXERCISE

Make plans for a day of role-playing, but with a twist. Develop a new persona for yourselves. Do not try to become a specific celebrity or famous person. Instead develop a uniqueness in your style of dress and your personality. Once you have each become that new person you should interact with each other, flirt, make overtures and have fun with each other’s new persona. She should act somewhat coy, but interested. He should try to win her over and get her to agree to go on a date with him. Take her out to dinner and ask her questions about herself. The main goal here is for building up a sexual tension where you are each hot for the other person.

HINTS AND SUGGESTIONS TO BECOME MORE ADVENTUROUS

- Get in the car together and point it in a direction without a destination in mind. Make stops at places that look interesting; whether it be a store, a restaurant, a tourist attraction, a park, a trailhead, or whatever you encounter. Don't forget to bring your camera if you have one.
- Don't be afraid to strike up a conversation with people you encounter during your little adventures. You may be surprised how friendly most people can be.
- Take up a new pastime hobby together. A few suggestions are: geocaching, hiking, photography, bird watching, beach combing, treasure hunting with a metal detector, skiing, skating (ice or sidewalk), boating, fishing, camping, hunting, wine making, brewing beer, archery, skeet shooting, scrapbooking, cooking, horseback riding, or charity work.
- Discuss with your partner how you both may agree on an unexplored (by you as a couple) lovemaking adventure. Consider specialized furniture, or new toys, or a different setting, or some new scenario.
- Try your hand(s) at writing a short story of the adult variety. Use yourselves as the characters. When you are both finished writing your story you can take turns reading your work out loud to your partner. If you are real adventurous you can play out your stories one at a time.
- If you own a digital camera you can take turns modeling for the camera. Take pictures in various states of undress. Play the pictures as a slideshow for your next pre-foreplay lovemaking session.